

## Trusted Beauty Guide

Date: 09 July 2014

Circulation: 1 million

Reach: 1 million

Demographic: Predominantly Women | Beauty Passionate

Key Messages: Recommended for Dry Skin | Gorgeous Aroma | Good Price Value |

Lots of images | Link to website

Overall positivity: 10/10



YIN YANG

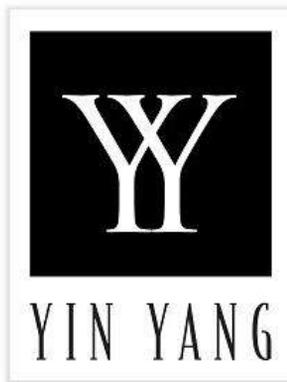
# THE TRUSTED BEAUTY Guide

[www.thetrustedbeautyguide.com](http://www.thetrustedbeautyguide.com)

Beauty, Hair, Fitness, Nutrition, Spa and Cosmetic Enhancement

## Q & A Tuesday- Greasy Skin

Ranking  
**5/5**  
Scored by 1 customer reviews!



### Question

My skin is normally very good but I am prone to lines around my mouth and on my forehead so I use an anti-ageing moisturiser, however as the weather is getting warmer, my skin is looking greasy. I am also starting to get breakouts too. What can I do as I still want to tackle the lines on my skin and help prevent further aging but I can't stand my skin being greasy any longer and I certainly don't want any more breakouts.

*Shelly from Stanmore, UK*

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### Answer

As the weather gets warmer in the summer months, our skin tends to produce more oil as part of a defence mechanism to help cope with dehydration. This can leave your skin being greasier, making you more likely to suffer from acne or breakouts.



### Here are three ways to help:

- 1) Cleanse your skin twice a day to remove any dirt or debris from the skin. Daily grime and make-up block the skin's natural exfoliating process and doesn't allow sufficient absorption of the ingredients in your night cream to work. Cleansing in the morning is equally as important as whilst we are sleeping, our skin renews and repairs itself. Cleansing not only removes any residue from this process but also prepares the skin to receive all the nourishment from your skincare.
- 2) Using an exfoliator two or three times a week will help to slough off dead skin cells which could be preventing the oil from draining to the surface of the skin rather than getting trapped beneath the dead skin cells and clogging up the pores.
- 3) Switching your moisturiser to a lighter one, preferably without pore-clogging petrochemical-based ingredients will help. Having tested hundreds of moisturisers over the years, we found 'Skin Renew' to be one of our favourites.



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Yin Yang skincare has brought back to the market Skin Renew, a light moisturising lotion to help the skin to balance oil levels and reduce summer breakouts. This organic, sweet smelling cream is specially formulated for unbalanced skin particularly during changes of seasons. It also combines isoflavones and amino acids from soya with Zinc PCA to support skin density and firmness so it takes care of your anti-ageing concerns too.



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### 'Skin Renew' What does the TTBG panel say?

Our TTBG panel has tried and tested hundreds of products on the market and here is what they say about 'Skin Renew':

Entrepreneur & frequent flyer Sheena say's 'I travel a lot and need a light moisturiser which not only has anti-ageing properties but one which also keeps my skin hydrated without leaving it greasy, Skin Renew is perfect because it is light and I've seen a visible difference in my skin. 10/10

Socialite Harriet say's 'I love how my make-up sits nicely on top of this lovely light moisturiser' 10/10

Metro-sexual & natural bodybuilding champion Noel say's 'Skin Renew fits nicely in my gym bag and doesn't feel oily on my skin, no man like's to have oily skin! My skin felt smooth after using it. 10/10



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### Editor's pick

TTBG Editor Natasha J Gordon says 'I can't believe 'Skin Renew's RRP is approx £16.95, it's better than some of the £90 plus moisturisers I've tried. My skin felt softer and few people even commented on how great my skin looked. Yin Yang's Skin Renew' is this week's 'Editors Pick'.

Yin Yang Skin Renew RRP £16.95

Please visit [www.yinyangskincare.co.uk](http://www.yinyangskincare.co.uk) for further info.

